

NCA – Primary Timetable Overview.

KS1

Timings to be flexible to adapt with SEMH needs of the children – sensory sessions and breaks to be included as and when needed during the school day.

Monday	Tuesday	Wednesday	Thursday	Friday
8.30-9am – Calming settling in activity / Sensory work	8.30-9am – Calming settling in activity / Sensory work	8.30-9am – Calming settling in activity / Sensory work	8.30-9am- Morning Activities	8.30-9am – Calming settling in activity / Sensory work
9-9.30 - RWI	9 – 9.20 - Handwriting	9 – 9.20 - SPAG / Real nonsense words	9-9.15am- Breakfast / Class Story	9 – 9.20 - SPAG / Real nonsense words
9.30- 10.10 - Maths	9.20 - 9. 35 – Class story	9.20 - 9. 35 – Class story	9.15-10am- RWI	9.20 - 9. 35 – Class story
10.10 - 12.00 - Swimming	9.35 - 10.30 - RWI	9.35 - 10.30 - RWI	10-10.30- Outside Play	9.35 - 10.30 - RWI
12 – 1pm – Lunch / outside play	10.30-11.00 - Break / outside play	10.30-11.00 - Break / outside play	10.30-10.45- Just Dance	10.30-11.00 - Break / outside play
1 – 2 – Art/ Music / DT/ RE	11.00 - 12.00 - Maths	11.00 - 12.00 - Maths	10.45- 11.30- PSHE (Intervention work)	11.00 - 12.00 - Maths
2-2.30 - Reading/ Sensory play	12 – 1pm – Lunch / outside play	12 – 1pm – Lunch / outside play	11.30-12 Choice (1:1 reading)	12 – 1pm – Lunch / outside play
2.30 - Home	1 – 1.45 PSHE	1 – 2 - Science	12-1 Lunch/ Outside play	1-1.30 - Golden time
	1.45 - 2.30 - ZoR/ Mindfulness / Head space	2- 2.30 - Reading	1-1.15- Yoga/ Mindfulness	1.30 - Home
	2.30 - Home	2.30 - Home	1.15- 2.15– Geography/ History/ Intervention work	
			2.15-2.30- Whole Class Story	

Lower KS2

Monday	Tuesday	Wednesday	Thursday	Friday
8.30-9am Morning activities	8.45-9.15 Morning Activities / Breakfast (Key skills in English / Maths, eg: SPAG / Times tables)	8.45-9.15 Morning Activities / Breakfast (Key skills in English / Maths, eg: SPAG / Times tables)	8.45-9.15 Morning Activities / Breakfast (Key skills in English / Maths, eg: SPAG / Times tables)	8.45-9.15 Morning Activities / Breakfast (Key skills in English / Maths, eg: SPAG / Times tables)
9-9.30- Breakfast/ Newsround (discussion of current topics)	9.15-9.30 <i>Shared input for English / Speaking and Listening</i>	9.15-9.30 <i>Shared input for English / Speaking and Listening</i>	9.15-9.30 <i>Shared input for English / Speaking and Listening</i>	9.15-9.30 <i>Newsround / Speaking and Listening</i>
9.30- 10 am- Independent / 1:1 reading	9.30-10.20 RWI – SS, ZRL, OG, KS English Curriculum/SPAG – OE / KLF	9.30-10.20 RWI – SS, ZRL, OG, KS English Curriculum/SPAG – OE / KLF	9.30-10.20 RWI – SS, ZRL, OG, KS English Curriculum/SPAG – OE / KLF	9.30- 10.20 English / RWI / Maths Purple Pen (Re-visiting / Editing / Improving)
10-12- Swimming	10.20 - 10.35 Sensory	10.20 - 10.35 Educational Games	10.20-10.35 Group work: Board Games	10.20-10.40 Class Story / snack
12-1- Lunch/ Outside Play	10.35-10.55 Outside Play	10.35 - 10.55 Outside Play	10.35 - 10.55 Outside Play	10.40-11.00 Outside Play
1-2 - PSHE	10.55 - 11.10 Class Story Time / Snack	10.55 - 11.10 Class Story Time / Snack	10.55 - 11.10 Class Story Time / Snack	11.00 - 12.00 Golden Time 1-1 Reading
2-2.15- Yoga/ Mindfulness	11.10-12.00 Maths	11.10-12.00 Maths	11.10-12.00 Maths	12.00-1.00 Lunch / Outdoor Play
2.15-2.30- Whole class story	12.00-1.00 Lunch / Outside Play	12.00-1.00 Lunch / Outside Play	12.00-1.00 Lunch / Outside Play	Finish at 1pm
	1.00-2.00 - Science 2.00-2.30 - Art / Music	1.00-1.30 - Handwriting 1.30-2.30 - Zones of Regulation	1.00-2.00 - Humanities 2.00-2.30 - Just Dance / Sensory	

Upper Key Stage 2

Monday	Tuesday	Wednesday	Thursday	Friday
08.30- 09.30 Calming, meet and greet, breakfast, RWI or Vipers/CLPE	08.30- 09.30 Calming, meet and greet, breakfast, RWI or Vipers/CLPE	08.30- 09.30 Calming, meet and greet, breakfast, RWI or Vipers/CLPE	08.30- 09.30 Calming, meet and greet, breakfast, RWI or Vipers/CLPE	08.30- 09.30 Calming, meet and greet, breakfast, RWI or Vipers/CLPE
09.30-10.15 English (includes story time)	09.30-10.15 English (includes story time)	09.30-10.15 English (includes story time)	09.30-10.15 English (includes story time)	09.30-10.15 English/Maths – Purple Pen reflection time.
10.15 – 12.00 Swimming at the Dragon Centre	10.15 – 10.45 Break time/snack	10.15 – 10.45 Break time/snack	10.15 – 10.45 Break time/snack	10.15 – 10.45 Break time/snack
12.00-13.00 Lunch time	10.45 – 11.45 Maths	10.45 – 11.45 Maths	10.45 – 11.45 Maths	10.45 – 12.00 Golden time or catch-up sessions.

13.00 – 14.00 Science	11.45 – 12.00 Intervention/reading	11.45 – 12.00 Intervention/reading	11.45 – 12.00 Intervention/reading	12.00 – 13.00 Lunch time
14.00-14.30 PHSE	12.00 – 13.00 Lunch time	12.00 – 13.00 Lunch time	12.00 – 13.00 Lunch time	Pupils finish at 13.00 on a Friday for staff PPA time.
	13.00 – 14.30 History/Geography/RE	13.00 – 14.00 PE	13.00 – 14.30 History/Geography/RE	
		14.00 – 14.30 Zones of Regulation		
Art, Music & ICT are not usually discretely taught, but interwoven within the curriculum.				